



MAC UNITED SOCIETA

INDOOR 2024/2025 PROGRAM GUIDE

Developing Excellent Players and Outstanding People

MA Calgary

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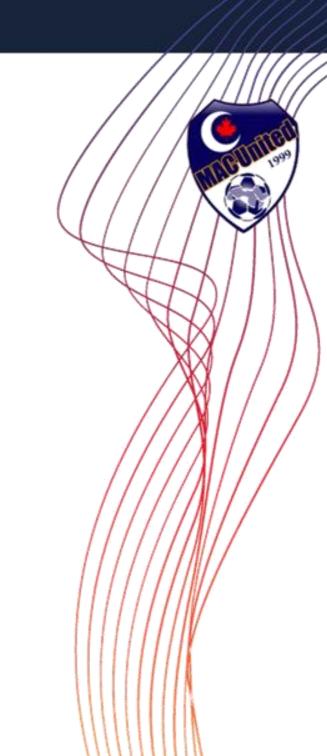
House League Program U4-U6

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HOUSE LEAGUE U4-U6

Our House League Program, designed for children aged 4-6, focuses on nurturing the critical motor skills during these early, "skill hungry" years. We aim to develop creative coaches who bring passion and versatility to their teaching methods, ensuring that players are actively engaged and motivated. In this fun and friendly environment, children have the opportunity to learn soccer while playing with friends and connecting with their community.



GRASSROOTS U7-U9

Mac United, in partnership with CMSA, ensures that players participate in CMSA-regulated games, creating a structured and standardized soccer experience. Our grassroots program is dedicated to providing a positive experience for players, focusing on a developmentally appropriate environment that supports their growth. Matches are regulated by CMSA and are organized in a quadrant-based format, allowing for balanced and fair competition. This approach not only promotes skill development but also encourages enjoyment of the game, fostering a love for soccer in a supportive and engaging setting.



	U7	U8	U9
Season Dates	Nov. 2 – Feb. 22 with restart Jan. 4	Nov. 2 – Feb. 22 with restart Jan. 4	Nov. 2 – Feb. 22 with restart Jan. 4
Matches	Players will play on Saturdays Total: 14 Matches (7 matches before the break & 7 matches after the break)	Players will play on Saturdays Total: 14 Matches (7 matches before the break & 7 matches after the break)	Players will play on Saturdays Total: 14 Matches (7 matches before the break & 7 matches after the break)
Winter break	Dec. 15 - Jan. 3	Dec. 15 - Jan. 3	Dec. 15 - Jan. 3
Post season	Feb 22	Feb 22	Feb 22
Format	3v3 (3 player vs 3 players)	4v4 (4 players vs 4 players)	5v5 (5 players with goal keeper)

U10-U11 LEAGUE

Mac United, in partnership with CMSA, ensures that all matches are regulated by CMSA, providing a consistent and high-quality soccer experience. The league offers two streams:

Developmental and Developmental Plus, catering to various skill levels and ensuring appropriate challenges for all players. This focus on tailored development aims to deliver a top-notch experience for both players and their families, emphasizing quality, engagement, and enjoyment throughout the season



	U10	U11
Developmental	Season start date: Oct 19-Mar 2 Location: Regional divisions where possible	Season start date: Oct 19-Mar 2 Location: Regional divisions where possible
Developmental plus	Season start date: Oct 19-Mar 9 Players can play city-wide	Season start date: Oct 19-Mar 9 Players can play city-wide
Winter break	Dec. 23 - Jan. 3	Dec. 23 - Jan. 3
Post season wrap-up	Developmental: Mar 1/2 Developmental plus: Mar 8/9	Developmental: Mar 1/2 Developmental plus: Mar 8/9
Format	7v7 (7 players vs 7 players including the goal keeper)	7v7 (7 players vs 7 players including the goal keeper)

U12-U13 LEAGUE

Mac United, in partnership with CMSA, supports the CMSA's advocacy for equitable playing time for all players, regardless of their tier. When tiering players, a balance of skill level and commitment is carefully considered to ensure fairness. CMSA recommends the following considerations to place players and families in the most suitable program, aiming to match their developmental needs and aspirations with the appropriate level of competition and support.



	U12	U13
Tier 1 & 2 Regular Season	Oct. 15 – Mar. 9 May play any day of the week	Oct. 15 – Mar. 9 May play any day of the week
Tier 3, 4, & 5 Regular Season	Oct 19-Mar 9	Oct. 15 – Mar. 9
Winter break	Dec. 23 - Jan. 3	Dec. 23 - Jan. 3
Post season wrap-up	Tier 1/2: March 8/9 Tier 3 - 5: March 1/2	Challenge Cup (Final 4) ASA Provincials
Format	7v7 (7 players vs 7 players including the goal keeper)	7v7 (7 players vs 7 players including the goal keeper)

U14-U19 LEAGUE

Mac United, in partnership with CMSA, supports the CMSA's advocacy for equitable playing time for all players, regardless of their tier. When tiering players, a balance of skill level and commitment is carefully considered to ensure fairness. CMSA recommends the following considerations to place players and families in the most suitable program, aiming to match their developmental needs and aspirations with the appropriate level of competition and support.



	U14-U19	
Tiers	Tiers 1-5	
Regular Season	Season start date: Oct 15-Mar 9 Players can play any day of the week	
Winter break	Dec. 23 - Jan. 3	
Post season wrap-up	Challenge Cup or Challenge Cup Provincials	
Format	7v7 (7 players vs 7 players including the goal keeper)	



